

## A B S T R A C T

An information storage medium (1) has tracks in which information is recorded. The tracks are formed as a groove section (2) and a land section(3).

- 5 The groove section (2) has a synchronous structure in which wobbles (2a) and (2b) formed on both walls of the groove section (2) are not displaced from each other in the circumferential direction of the medium, and the land section (3) has an asynchronous structure in which
- 10 wobbles formed on both sides of the land section (3) are displaced from each other. A good signal is reproduced from each of the groove and land sections.